Meet Beer Lab Hawaii’s Derek Taguchi, Kevin Teruya and Nicolas Wong, and other Next-Gen chefs and entrepreneurs

ALOHA, JIM!
“The Voice” of UH sports looks back on a 60-year career

Q & A
‘Iolani Palace’s Kippen de Alba Chu on museums in the 21st century
If you’re ready for a one-two power punch, then make sure to check out the hybrid cycle/yoga class every Tuesday and Thursday night in Studio 2. This hybrid class is designed to be taken as two back-to-back classes, beginning with Express Cycle from 5:30pm to 6:05pm and segueing into a Power Vinyasa session ending at 6:50pm. You are also welcome to take just a single module of the hybrid class as well.

Trying classes is one of the best ways to stay energized about your workout routine and to meet new members. The Honolulu Club offers over 100 classes every week and we continue to welcome your feedback.

Whether you’re just starting to develop a wellness program or it’s well underway, we have customized solutions for your team. If you’re interested in learning more about:

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- private group exercise classes for your team

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*The corporate wellness program is free and open to all companies with 5 or more team members.
It's hard to find an employer today that doesn’t care about employee health and welfare. After all, a healthy, happy, productive workforce is not only a valuable business asset but also a source of satisfaction and pride. But few employers have the time, energy, expertise, and resources to implement an employee wellness program that produces the sustained engagement necessary to effect positive change.

At UHA we’ve invested much toward initiatives that can lead to a healthier, happier workforce, and we’re always looking for new ways to achieve that goal. To that end, in 2013 we founded the Hawai’i Health at Work Alliance (HH@WA) — a UHA company, and membership organization of more than 375 participating local companies, dedicated to creating effective and sustainable workplace wellness programs.

HH@WA was created to bring together Hawai’i employers of all sizes and industries so that we can learn from one another’s efforts (both successful and otherwise) to institute effective programs.

HH@WA also offers a suite of organization-focused wellness products — our Work Well Solutions — all designed to maximize the effectiveness of your wellness program.

What do you stand to gain as an HH@WA member? Here’s a look at some of the ways our members benefit from involvement:

**Network & Assist Peers – Community Building for a Healthier Hawai’i**

HH@WA brings together a number of Hawai’i organizations of all different sizes and industries, united by a commitment to support healthy change in our workplaces. Meetings also become a place to network and share best practices.

**Share Experiences**

More often than not, employers are working in isolation. Many recognize the value of wellness programming, and want to implement it in their own organizations, but don’t feel equipped to do so effectively or meaningfully. One of the greatest opportunities of the HH@WA is the chance to see what others are doing, and to be motivated by their successes. Beyond seeing wellness programming in action, it’s a great chance to learn from other members about what’s working and what isn’t. When members encounter a challenge – whether it’s getting better employee buy-in, overcoming hurdles in organizational culture, etc. – our meetings quickly turn into fruitful discussions about strategies and opportunities. Members arrive with concerns, and leave with solutions.

**Learn Collaboratively**

HH@WA frequently invites Subject Matter Experts (SMEs) to discuss emerging trends in health and wellness, and to give talks on topics relevant to our members and their organizations. In the past, we’ve had presentations on the benefits of cooperative competition, the science of wellness incentives and rewards, social contagion theory, efficient use of wellness funds, and more. These talks help our members stay up-to-date and informed about the latest news in the industry through experts with real-world experience.

Together, HH@WA members are working to better equip organizations with the resources they need to support employee wellness. We know that improving health and well-being is a long distance race – not a sprint – and we’re committed to learning and growing in every way that we can to better support each other and our organizations.

Help us improve the health and well-being of Hawaii’s workplaces, starting with your employees. Take our free assessment at hhawa.com/workwell to find out where you are. Then join HH@WA for a free assessment review, access to online resources, an expert led 2-hour Learning Circle, and two tickets to our annual Wellness Conference. All for only $199. You’ll be on your way to becoming an expert yourself. Get in touch with us to learn more.

HH@WA was founded in 2013 by UHA Health Insurance in support of its belief that employers are uniquely placed to help their employees achieve healthy and active lifestyles that promote physical, financial, mental and spiritual wellbeing. This collaborative alliance of more than 375 organizations has the sole purpose of learning how to build effective worksite wellness programs, programs that can lead to both sustainable lifestyle changes for employees and improved productivity for employers.
HAWAI‘I’S NEW TASTEMAKERS
Growing up on Hawai‘i Regional Cuisine, homegrown Next-Gen chefs and entrepreneurs bring new gusto to our taste buds

MILESTONES
Career changers: Alohilani Resort’s Executive Chef David Lukela and Bishop Museum’s COO Amy Marvin

ALUMNI EVENTS
Alumni gather for fellowship, learning and community service.

THE VOICE
After 60 years behind the microphone, legendary Jim Leahey bids aloha to UH sports fans

MILESTONES
Career changers: Alohilani Resort’s Executive Chef David Lukela and Bishop Museum’s COO Amy Marvin

TO THE COVER: (L - R) Beer Lab Hawaii cofounders Derek Taguchi, Kevin Teruya and Nicolas Wong. (Photo: Aaron Yoshino)

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Happy At Home: The Latest Option for Aging in Place

Many older adults know that they have at least two options for aging: move into a retirement community or stay at home. In the best of both worlds, kupuna would have access to a network of support while they age in the familiarity and comfort of their own homes. This third option does exist, and it’s called Continuing Care Without Walls.

“What is Continuing Care Without Walls?”
Picture a retirement community with an array of social activities, wellness amenities, and aging support that covers independent living, assisted living, and long-term (round the clock) care. Until recently, these benefits were only available to residents who moved in; however, certain Life Plan Communities (LPCs) now offer their benefits as a membership plan sans move-in. Members remain independent at home, but they also gain a network of support at the parent community. They can participate in activities, make friends with the residents, and interact with staff who know them by name. The LPC may also offer members access to its amenities, such as event rooms and a fitness center.

The most important benefits of membership are care coordination and access to a long-term care bed (if or when it is needed). For adults aging at home, care coordination is critical during a health incident. In an emergency, or even for planned events like surgeries, a care coordinator supports members in ways that would be difficult for a member’s spouse or family. Care coordination alleviates stress for all parties by advocating for the needs of the member and helping them navigate complex healthcare systems. Furthermore, the member can rely on the Life Plan Community, which is standing by to provide short-term recovery or long-term care if needed.

Who Should Join? How Much Does It Cost?
Continuing Care Without Walls appeals most to older adults in their early to mid-70s. Members in this age group are typically independent, in good health, and able to take advantage of an active lifestyle that includes frequent visits to the parent LPC.

Members usually pay an entrance fee between $65,000 to $95,000, which guarantees them access to long-term care. They also pay a monthly membership fee averaging $500 to $700 per month, which provides access to the parent LPC’s amenities, care coordination, and aging support services.

Arcadia At Home
Arcadia At Home is the only program in Hawaii to offer Continuing Care Without Walls. Members receive guaranteed lifetime care and access to a long-term care bed at 15 Craigside or Arcadia (if or when this care is needed). They also have access to a menu of services that includes care coordination, home maintenance, fitness training, housekeeping, an emergency response system, and personal care. As part of their benefits, members enjoy priority access to 15 Craigside and Arcadia. They may participate in group activities like exercise classes, games, educational programs, and other activities that are normally exclusive to residents. Members can also take advantage of the amenities at 15 Craigside and Arcadia, including the dining rooms, gyms, pools, and event venues. Whether members choose to visit the communities regularly or occasionally, they always have the opportunity to develop friendships with residents and employees.

Arcadia At Home is available to older adults age 62 or older who live in Honolulu, from Salt Lake to Hawaii Kai. As part of the Arcadia Family of Companies, the program offers 50 years of experience in senior living excellence.

For more information, visit arcadia.org/AtHome or call 983-5915.
SHARK LEGEND LIVES! A lonely girl discovered new friends (and herself) on a magical underwater adventure with a Hawaiian demi-god in Nanaue the Teenage Sharkman (winner of three Po’okela Awards) at Palikū Theater in this spring’s original production by Maui-born Moses Goods (Duke). Premiering this fall and directed by Taurie Kinoshita are A Walking Shadow (Oct. 19-27), a docudrama on Hawai‘i’s infamous 1928 kidnap-murder case of Myles Fukunaga; and Burning/Memory (March 8-17, 2019), two one-act Japanese Noh-inspired plays, “Cane Fields Burning” by award-winning playwright Kemuel DeMoville and “Memory of a Dream,” adapted from a famous Noh drama, Matsukaze. (Photo: Bonnie Beatson)
Year UH Maui College expects to become the first of UH’s 10 campuses to be 100 percent energy self-sufficient from on-site solar photovoltaic systems and battery storage. Target date for all 10 campuses is January 2035.

“Warming up to UH solar power,” Honolulu Star-Advertiser editorial, Week in Review 5/05/18

Anniversary milestone of Hawai‘i’s only four-year aquaculture program and the only facility dedicated to aquaculture and coastal management education, research and community/industry outreach. UH Hilo’s oyster and ornamental fish farming program in Keaukaha trains workers and researchers, and helps develop sustainable seafood production.

“UH Hilo farming program marks 10th anniversary,” Honolulu Star-Advertiser 3/05/18

Total amount of scholarship funds to cover all four years ($148,000 each) of 23 of the 72 incoming fall 2018 students at John A. Burns School of Medicine for a debt-free medical education and increased ability to practice medicine here in Hawai‘i. Scholarship funding provided by Barry and Virginia Weinman, The Queen’s Health Systems, and Hawai‘i Pacific Health.

“Donors pick up $3.7M tuition,” Honolulu Star-Advertiser 7/19/18

It’s limitless...this is giving us a foot above everyone else

Wayne Hirabayashi, Kahala Hotel and Resort executive chef, of Alan Martin, a baker and UH’s first four-year culinology graduate, who combined two years of food service (Kapi‘olani Community College) with two years of food science (UH Mānoa). Trained in the science of food, Martin has developed new signature items and is expanding the shelf life of chocolate macadamia nuts at the hotel.

“Better beer and bread: endless culinary possibilities for state’s first culinology student,” UH press release 7/18/18

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“UH Hilo farming program marks 10th anniversary,” Honolulu Star-Advertiser 3/05/18

Hawai‘i is the first and still the only state so far.

Nathan Murata, former Hawaii Concussion Awareness Management Program (HCAMP) principal investigator and now UH Mānoa College of Education dean, on the first-of-its-kind Hawai‘i law, advocated by UH, requiring athletic trainers at all interscholastic sports-playing high schools. Their real-time sports injury data collection is considered the only comprehensive source for credible national research on youth concussions.

“Requiring athletic trainers at every school makes Hawaii a national model,” Honolulu Star-Advertiser 4/02/18

It is important for people to realize that we can make a difference.

Randall Holcombe, director, on UH Cancer Center’s significant role developing the TailorX clinical trial, the largest national breast cancer study that found 70 percent of women with early-stage breast cancer have the same chance of a cure with hormone therapy alone as with hormones and chemotherapy. Hawai‘i’s input on race and ethnicity was critical: 75 percent of local participants were non-white.

“UH leads groundbreaking cancer study,” Honolulu Star-Advertiser 6/10/18

It’s limitless...this is giving us a foot above everyone else

Wayne Hirabayashi, Kahala Hotel and Resort executive chef, of Alan Martin, a baker and UH’s first four-year culinology graduate, who combined two years of food service (Kapi‘olani Community College) with two years of food science (UH Mānoa). Trained in the science of food, Martin has developed new signature items and is expanding the shelf life of chocolate macadamia nuts at the hotel.

“Better beer and bread: endless culinary possibilities for state’s first culinology student,” UH press release 7/18/18
One of the American Alliance of Museums’ focus areas for 2018 is diversity. What are some of the issues museums face around diversity and, more specifically, cultural competency? In the past, some of the biggest criticisms against museums were that their exhibits didn’t reflect the community, and the community didn’t support the museum. When considering their cultural competency, museums now also have to look at their hiring practices: their personnel reflecting the community they serve. Requiring a college degree can be a barrier for some, so if a museum needs indigenous voices on their staff, they may need to look at internships and other roles for inclusion. We’re currently witnessing a shift in those staffing practices nationwide. In terms of the artwork and objects, a lot of museums—particularly on the Mainland—have indigenous collections even if they’re not located within an indigenous community. Museums used to label these objects and exhibit them completely out of context. Sacred objects from different tribes would be displayed together, and women would handle objects that were traditionally only handled by men. Now, museums are moving toward culturally competent practices that contextualize art and respect culture, even when it comes to the handling of artifacts.

Often when discussing cultural competency, the term ‘decolonization’ comes up. What does decolonizing the museum look like? Decolonization is about sensitizing museums to the fact that they hold objects in trust for the community. Objects taken without permission and objects inappropriate for display should be repatriated to the tribes or the indigenous peoples who own or created them. When exhibiting objects made by indigenous peoples, that community should be consulted with curatorial decisions. This practice is new for many curators who would have never thought to reach out to native communities. Objects should also be contextualized in a way that is supported by the community, and the labels for the artwork should reflect a native perspective. Museums used to treat these objects as a detached collection of curios that they would display for people’s enjoyment. Decolonization rethinks that approach.

At home, how has ‘Iolani Palace invited community involvement? When I took over in 2006, the Palace seemed to be closed off from the community, especially the Hawaiian community. One thing we’ve done is ‘Onipa’a, which celebrates Queen Lili‘uokalani’s birthday. We had all of these people coming to the Palace grounds during the festivities but the Palace itself would be closed. That didn’t sit right with me. So, a year after I started here, the Palace became an official partner for the event. We were able to grow the ‘Onipa’a and bring vendors. In 2017, we welcomed the Prince Lot Hula Festival. Because we’re centrally located, the Festival has nearly tripled its revenue since moving to the Palace. For both events, we opened the Palace to the public for free, which brought in a lot of kama‘āina visitors who never previously thought of visiting ‘Iolani Palace.

What are some of the changes you’ve overseen at ‘Iolani Palace? People used to tell me that the Palace seemed to lack life and was unwelcoming. So, I knew there was a lot we could do to become more visitor-friendly. We made it easier to visit by extending our hours — we’re now open until 8pm, six days a week. We used to close on Mondays and would miss a lot of cruise ship visitors who were just here for the day. More recently, we’ve been talking a lot about improving the guest experience. About 75 percent of our operating budget is driven by ticket sales and gift shop sales, so we’ve shifted our focus on the visitor because that’s our key to survival. It’s about more than just customer service; we’ve added online tour bookings and more foreign-language audio guides, and we’re looking at ways signage can help visitors navigate the 12 acres we have here. We also removed the age restriction, so now families can tour the Palace with an infant. If people are going to pay to come here, we want them to have the best experience possible.

‘Iolani Palace also engages the community with a free Na Mo‘olelo Lecture series. What role does storytelling play in museums? Storytelling is extremely important because people are more likely to retain information through storytelling, than if you just throw facts at them. Our docents really underscore the importance of this; they each have their own storytelling style, and they’re able to captivate visitors in a way that’s hard to replicate with a pre-recorded audio guide. That’s one thing we want to maintain at the Palace, especially since it speaks to how native cultures passed down knowledge before written language. Our challenge for the future is getting the newer generation involved with storytelling in a docenting context. With the embrace of slam poetry and rap, who knows what storytelling will look like in a generation. I mean, can you imagine coming to the Palace in 50 years, and you’re given a rap tour in Hawaiian?<br

Nicole Duarte is an arts administrator and freelance writer whose work has appeared in Island Scene and Young Money.
Whether you’re a first-time homebuyer purchasing a new home or refinancing one, Smart Money’s strategic mortgage advisors will guide you through the entire process. As a locally owned and operated mortgage broker, Smart Money shops for the best mortgage deals and loan options for their clients. If you are in need of mortgage services, give them a call.
If we were going to do something in addition to our day jobs, this hobby, this second job has to be super fun. - Nicolas Wong
“I love salt,” says pastry chef Rachel Murai. And yet, Murai has spent 12 years working with sugar while developing desserts for some of Honolulu’s most celebrated restaurants: Nobu, Vintage Cave, The Pig and the Lady, and now, Kona Coffee Purveyors. She signed up for Kapi’olani Community College’s culinary program right out of high school. But after working in a bakery, the 2007 graduate of Kapi’olani’s culinary and pastry arts program discovered she “loved making the desserts, the pretty things,” more than “going home smelling like garlic and onions.” Still, her training in savory techniques and ingredients influences her desserts.

“I tend to think about savory things when I make a dessert,” she says. “It gives it a balance so it’s not all sweet. Salt makes everything better.” Savory elements inject intrigue into her dishes, like a frozen peppered beet air with sponge cake that she created at Vintage Cave, and at The Pig and the Lady, a chocolate cake made of layers of liliko‘i and chocolate mousse—not so unusual, until she garnishes it with big flakes of salt and a fluffy basil sponge cake.

When Murai begins constructing a dessert, “I think of things that I really love to eat, simple things,” she says. “Say I want to do something like a peanut butter and jelly. Maybe instead of peanuts, I’ll use Marcona almonds. For the jelly, instead of regular grape jelly, I’ll make a liliko‘i marmalade or liliko‘i gelee. And then I’ll throw something random in there that you’re not used to eating with your peanut butter and jelly sandwich.”

She loves playing with herbs, like the basil with chocolate cake, thyme in ice cream, and sage in a canelé, a French pastry. The result is a dessert that feels nostalgic and thrilling at the same time.

Just as it seems like Murai has a savory cook’s mind working in a pastry cook’s body, she is a master of contrasts that harmonize and delight. At The Pig and the Lady, she helped launch the soft serve program, swirling salted preserved lemon sorbet with vanilla custard, combining calamansi sorbet with honey vanilla, and matching raspberry sorbet with dark chocolate liquor custard.

In her current role as a bakery manager at Kona Coffee Purveyors in Waikīkī, she has returned to the environment that made her fall in love with sweets in the first place. She oversees the production of baked goods and desserts, including the kouign amann, like a caramelized croissant with layers that reveal a sticky sweet center in flavors including black sesame and li hing liliko‘i mango. In each dessert she creates, Murai seeks “the right balance to it—not too savory, just a hint, not too crazy.” Just crazy enough to keep it interesting.

“I think of things that I really love to eat, simple things.”
In 2011, Top Chef came looking for Sheldon Simeon. At the time, the Hilo native was running Star Noodle, a modern Asian spot on Maui. “It was all Forrest Gump-ish,” he says. “Things just happened.” What came next, though, didn’t just “happen.” Simeon finished the season on Bravo TV’s popular cooking competition as one of three finalists. While he didn’t win the national competition, he was voted fan favorite. He would go on to compete in more Top Chef seasons, and gain recognition from Food and Wine magazine and the James Beard awards.

But Simeon’s career is not defined by awards and TV shows. In the years between, he has been busy developing new restaurants. First came Migrant Maui in 2013 in the Wailea Beach Marriott, where he introduced dishes like “Bottom of the Plate Lunch,” cabbage doused in a teriyaki sauce, in a fine dining setting. When it closed, he opened Tin Roof in 2016. It’s a humbler concept, a lunchtime takeaway counter in a nondescript strip mall in Kahului. At the time the 2002 graduate of UH Maui’s culinary arts program was building a name for himself, so were other young chefs across the Hawaiian Islands. Tin Roof is his way of keeping grounded, of paying tribute to the local food he draws inspiration from.

“Look at all of us trying to create this new Hawai‘i cuisine... It’s rad. Everyone’s on fire. But while we’re doing that, these mom and pop shops are being forgotten about... I just wanted to do something that was going back to feeding my community.” Tin Roof has a simple menu that any local would recognize, but with gourmet twists, like a twice-fried mochiko chicken topped with mochi crunch and an ulu (breadfruit) mac salad. Daily specials often include inspiration from his dad, including a Filipino pork and peastew.

Growing up, Simeon says, “our house was the gathering house, for holidays, weddings, first birthday parties. And my dad was the cook of the community, the best chef that I know.” So even now, as he develops the menu at Lineage, a higher-end restaurant at The Shops at Wailea, slated to open at the end of the year, Simeon continues to pull ideas from his family, from local favorites, from memories. His version of pipikaula will be prepared with a burnt rice and kiawe bean glaze, the sauce adding components of toasted sweetness and a hint of bitterness. There will also be a playful take on the flying saucer, the round, pressed, white-bread sandwich, once found at the Maui Fair; Simeon will fill his with a long-simmered ragu, fresh vegetables, and cheese.

Flashbacks to parties at his home, to annual county fairs, “we want to celebrate those unique moments that we look forward to having. That’s what Lineage is all about,” says Simeon, “recreating those memories.”

Martha Cheng is a writer and editor in Honolulu whose work has appeared in The Wall Street Journal, EatingWell, Eater, Monocle, Frommer’s, Hana Hou, Hawaii, and Hawaii Business. She is the author of The Poke Cookbook (2017) and was previously the food editor of HONOLULU Magazine.
THE VOICE
After six decades of broadcast excellence, Jim Leahey calls it a career.
By Lance Tominaga

"At six years old, I already knew every lineup of every team in the Major Leagues," Leahey recalls. "I would go out on the street and hit rocks with a bat. I'd then describe where it went. Boy would the neighbors get mad!"

After graduating from Saint Louis in 1964, Leahey attended Chaminade, where he met his bride of 52 years, Toni. Five years later, he graduated with degrees in philosophy and political science from the University of San Francisco.

After serving in the military (in the Navy for "three years, eight months, 14 days, six hours and 15 minutes"), he landed a teaching job at Campbell High School. To help make ends meet, he also did play-by-play work and TV sportscasts on a part-time basis.

Enter Bob Sevey. In 1978, the legendary KGMB news anchor approached Leahey, shortly before the end of the school year.

"How much are you making?" he asked.

"$17,000."

"I'll double it," says Sevey, looking to replace Joe Moore who was leaving KGMB.

Leahey declined the offer. "But then Sevey says, 'When are you going to think of your own children, instead of everybody else's?' And before Leahey could reply, Sevey added, 'I'll triple it.'"

So I just went out there and did it. Of course, I didn't know if I was any good. I was just happy I was able to get through it."

This past June, 60 years after his first broadcast, Jim Leahey, 75, announced to reporters, "It's time to sail along into the sunset."

And what a voyage it's been. Leahey was named "Hawai'i Sportscaster of the Year" a record 19 times. Renowned as "the voice of University of Hawai'i sports," he did TV and radio play-by-play work for UH football, basketball, baseball, volleyball and other athletic programs. In some years, he announced as many as seven different UH Mānoa sports.

In 2017, Leahey was inducted into the University of Hawai'i Sports Circle of Honor. Joining his father, who was enshrined in 1985.

The seeds of this remarkable broadcasting career were planted by father Chuck, a sports enthusiast who strived to unite the local community and the military through athletics. His passion for sports and broadcasting carried over to Jim.

"When I think about it, that was the best game I ever did," Leahey recalls. "I rose to the importance of the occasion. Every play was phenomenal. There were catches over the middle. Catches in a crowd. Interceptions. Sacks. I said, 'What you are seeing tonight is something so special, so tremendous, so historic in the history of University of Hawai'i athletics.' That game came very close to perfection."

For Leahey, his personal voyage wasn't always so smooth. Leukemia sidelined him for eight months, from September 1997 until his return to the broadcast booth on May 8 the following year.

"After it was all over, the doctor says he thought I had two weeks to live," Leahey recalls. "A priest even came to give me last rites. I said, 'No, I'm not yet!'"

As for his own legacy?

"I'd want people say, 'He was a good, faithful man,'" he answers. "That's it."

"When you're broadcasting a game, you're really involved," he says. "The responsibility for the game and for its description is what I loved the most. You're really involved," he says. "The excitement of the game.

"And I'm not just saying that because I'm his father," says Leahey. "At ESPN, I would say he's in the top six announcers, including his son, Kanoa, who does play-by-play work for Spectrum Sports (formerly OC Sports) and is a rising star at ESPN."

"I'm really impressed with Kanoa, and I'm not just saying that because I'm his father," says Leahey. "At ESPN, I would say he's in the top six announcers. And while I see both myself and my dad in him, it's not a lot. He's his own guy."

Finally, one day Leahey got the good news that his cancer was gone. He smiles, remembering that his wife came to see him "every single day. Every. Single. Day." When she had breast cancer in 2012, "I made sure to be with her every day. It's times like that when you learn what's really important in life."

Leahey has carved a path for a new generation of Hawai'i sports announcers, including his son, Kanoa, who does play-by-play work for Spectrum Sports (formerly OC Sports) and is a rising star at ESPN.

"I'm really impressed with Kanoa," Leahey says. "I'm not just saying that because I'm his father."

As for his own legacy?

"I'd want people say, 'He was a good, faithful man,'" he answers. "That's it."

Leahey says the thing he will miss most in his retirement years is the excitement of the game.

"When you're broadcasting a game, you're really involved," he says. "The responsibility for the game and for its description is what I loved the most. I can go to a game now and sit in the stands, but it won't be the same."
Guided by a vision of being socially responsible, Kāhala Nui is committed to providing support to its residents and to seniors in the greater community, creating employment opportunities, sharing resources, educating the public and advocating for the underserved. Kāhala Nui is a mission-driven organization committed to supporting underserved seniors in Hawai‘i. In 2017, its Social Accountability Program donated $1,150,200 in support to programs and organizations such as Catholic Charities Hawai‘i, Hawai‘i Meals on Wheels, Kokua Kalihī Valley, Palama Settlement, Project Dana, Alzheimer’s and more. The chart illustrates Kāhala Nui’s Clusters of Focus designed to respond to the areas of concern with regard to the health and well-being of Hawai‘i’s seniors.

With healthcare workers in short supply and the senior population growing exponentially, Kāhala Nui seeks opportunities to support workforce development. Last year, over 900 hours of training and mentoring services were provided to students and interns from Kapi‘olani Community College’s School of Nursing, Chaminade University Nursing Students and Counseling Departments, University of Hawaii School of Nursing and School of Social Work, and Osaka Prefecture University School of Nursing.

Earlier in 2018, Kāhala Nui launched its Certified Nursing Assistant (CNA) Training Academy’s inaugural class after receiving curriculum approval from the State of Hawai‘i Department of Human Services. This program was established to provide on-site training to individuals seeking to become licensed certified nursing assistants or CNAs.

Kāhala Nui’s Clusters of Focus

- 30%: Reducing the Cost of Care for Seniors Initiative
- 20%: Deepening the Capacity of Those Who Serve Seniors
- 19%: Advocating for & Supporting Successful Aging in Place
- 21%: Community Outreach
- 4%: Supporting Senior Housing Assistance Programs

Return to a Sense of Community
Committed to serving Hawai‘i’s seniors

As a charitable organization guided by its mission-driven values, Kāhala Nui works collaboratively with community partners to support seniors who wish to age in place. Kāhala Nui commits to educating providers, supporting caregivers, influencing social policy, and advocating for the underserved to improve the lives of Hawai‘i’s seniors.

Kāhala Nui maintains its course to create fulfilling environments that provide a positive approach to aging, enriching the lives of seniors in Hawai‘i.
Experience the thrill of flying a P-51 Mustang and the skill it took the University of Hawai‘i’s Wah Kau Kong to fly with the USAAC’s top squadron in aerial victories in WWII. Discover the bravery of the Honolulu-born fighter pilot, his sense of humor and sense of pride in serving in the Army Air Corps.

Follow the combat missions of the first Chinese-American fighter pilot in the European theater and meet his sister, UH alumna Hester Lo Hop Kong Neff, through her diary entries as she describes the perilous days for the Kong family after the attack on Pearl Harbor.

Read about Wah Kau Kong’s life-ending sacrifice in one of ten mesmerizing stories in Paul Sailer’s I Had a Comrade: a 400-page, limited edition, hardcover book with over 200 photos, images and colored maps.

Foreword by Richard E. Cole, the last surviving member of the famous Doolittle Raid.

Author Paul Sailer: “History is not dull when it contains engaging, in-depth, true stories about the fascinating young people of the war years.”

Mindy Pennybacker, Honolulu StarAdvertiser: “Ten real-life accounts of love and friendship during WWII . . . in this diligently produced collection. It’s exciting stuff to read about!”

Selected:
David Lukela
2018 PBN 40 Under 40

Career-changers

A
t one time an aspiring doctor, David Lukela rose to become the Hawai‘i Center for AIDS’ lab supervisor in six years with UH Mānoa’s John A. Burns School of Medicine. Across the street from his lab at Leahi Hospital, he often saw culinary students in their “chef whites” at Kapi‘olani Community College and “wondered if I could do that.”

The Kamehameha Schools graduate admits, “I was hesitant,” despite coming from an extended family of cooks. He would be nearly a decade older than classmates and already held a steady, well-paid job. But “I was bored that it wasn’t my true calling. So I signed up for night classes at Kapi‘olani and held on to my full-time day job.”

Then he added a “third craziness”—a two-week internship at the Sheraton Waikiki at the urging of Chef Alan Tsuchiya, an instructor and mentor at Kapi‘olani. After the two weeks, Lukela was offered an $11-an-hour cook’s helper job in 2010 at the Moana Surfrider. For the next 18 months to graduation, he worked at all three.

By 2014, having tossed his hat into the culinary arena, Lukela was named executive sous chef at the Moana and, a year later, as chef de cuisine. This July, he became executive chef at the newly renovated 890-room Alohilani Resort Waikiki Beach (the former Pacific Beach Hotel), overseeing 40 employees and three restaurants. In just eight years, Lukela rose from cook’s helper to executive chef.

“It’s never felt like work, despite the long days, the hard grind. I found my true calling. I’m like a pig in mud,” says the 36-year-old, who grew up as his family’s “Hibachi Boy” for firing up and cooking up the perfect grill at gatherings. Hot foods remain his favorite because of the “judgment grind. I found my true calling. I’m like a pig in mud,” says the 36-year-old, who grew up as his family’s “Hibachi Boy” for firing up and cooking up the perfect grill at gatherings. Hot foods remain his favorite because of the “judgment

“Every day, there are moments in the kitchen that make me better, a constant work in progress.”

— GAIL MIYASAKI

Order at www.lodenbooks.com and receive free shipping thru Christmas or at the National Museum of the U.S. Air Force, WPAFB, OH.
Aloha ‘Oe
Conrad Nonaka (1949–2018), director and proud graduate, Culinary Institute of the Pacific, Kapi‘olani CC (AS ‘70 food service management), spearheaded construction of its new Diamond Head campus, instrumental in developing accredited culinary education on UH campuses; and a founder of Kapi‘olani CC’s popular Farmers’ Market.

Aloha ‘Oe
Alan Tomonari (1946–2018), O‘ahu-born, Roosevelt High and UH-educated (BBA ‘68, MBA ‘71, Mānoa), distinguished retailer opened Hawai‘i’s first Neiman-Marcus as general manager; starting as deliveryman, Liberty House, rising in national retail with Macy’s, Bullock’s, and Bamberger’s. Active community nonprofit board member, including Honolulu Museum of Art.

Aloha ‘Oe
Donald Kim (1928–2018), (BS ‘58 civil engineering, Mānoa), former chair/CEO, R.M. Towill, Hawai‘i’s largest and oldest consulting engineering company; founder, Ohana Pacific, first and only Korean-American bank in Hawai‘i; former chair, UH Board of Regents; and founder of several UH College of Engineering scholarships.

Aloha ‘Oe
Margaret Oda (1925–2018), Hakalau, Hawai‘i-born pioneering educator, considered “the mother of middle schools” in Hawai‘i as Honolulu district public school superintendent, also launched Learning Centers at public high schools and a founder of Niu‘uanu’s Pacific Buddist Academy, first Buddhist high school in the U.S. (BEd ‘47, PhD ‘77 education, Mānoa).

Aloha ‘Oe
Daniel K. Akaka (1924–2018), beloved statesman and first native Hawaiian to serve in U.S. Senate, namesake of the never-passed Akaka Bill to grant federal recognition to native Hawaiian people; served 18 years in Hawai‘i’s schools (BEd ‘52, MED ‘96, Mānoa), and represented Hawai‘i in the nation’s capital (1978–2013).

Selected:
Amy Marvin
2018 Omidyar Fellows

On a whim, Amy Marvin put on hold a job in New York. Instead, the newly minted Harvard graduate in environmental science/public policy took a five-month internship at Mānoa’s Kewalo Basin Mammal Lab and the Dolphin Institute. She never went back.

“I just loved it,” recalls the Seattle native, who has fond memories of family vacations on Kaua‘i. Continuing as a lab volunteer and enrolling at Mānoa to earn a master’s degree in marine mammal behavior and biology, Marvin even got into fundraising to support the dolphin lab. She soon found herself at a crossroads: a doctorate in science or a career in fundraising, where she had discovered a knack for “raising a donor’s interest and matching gifts to needs.”

Two critical opportunities set her path as a “science-trained fundraiser.” First was a five-year stint working in development with scientists at Bishop Museum, followed by a seven-year tenure as vice president for institutional advancement at the Academy of Natural Sciences in Philadelphia, the nation’s oldest natural history museum.

Returning to Bishop Museum in 2016, Marvin now serves as senior vice president and chief operating officer overseeing public programs, building and grounds, finance, communications and development. Looking to build personal skills and to forge partnerships as a 2018 Omidyar Fellow, she is keen on creating awareness of the Museum’s scientists’ little known natural sciences/conservation contributions in public policy and research decisions to ensure “the wise stewardship of Hawai‘i’s rich natural heritage.”
Movers & Shakers

John T. Komeiji

Diane Chadwick

Aedward Los Banos

Elisa Yadao

ALUMNI HOST 2018 NORTHERN CALIFORNIA STUDENT SENDOFF

Alumni in Northern California welcomed incoming UH freshmen and their families to make new friends and to connect with knowledgeable UH graduates about “surviving” freshman year.

ALOHA GRAD CELEBRATION WELCOMES NEWEST UH ALUMNI

UH spring 2018 graduates from all 10 campuses were celebrated on June 7 with fun festivities and festive food at Ala Moana Center’s popular gastropub, The Brilliant Ox.

LEEWARD CC CULINARY ARTS CELEBRATE MAUKA MAKAI EVENT

On April 6, Leeward CC’s Culinary Special Events class produced a delightful evening event at the Halekulani for UH alumni, featuring a 5-course gourmet meal by alumnus Chef Shaden Sato.

ALUMNI GATHERINGS

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INTERNATIONAL UH ALUMNI EVENT GATHERS IN KOREA

More than 200 guests gathered at the Lotte Hotel Seoul on August 24 for a wonderful evening, meeting University of Hawai‘i President David Lassner and re-connecting with many alumni in the region.
Tropical ecologist specializing in plant restoration Rakan Zahawi, also director of Lyon Arboretum, takes small cuttings to replant in test tubes from a larger individual specimen of *Cyanea grimesiana subsp. grimesiana*, considered Critically Endangered (Possibly Extinct in the Wild). Rescued from just three remaining wild plants found in O‘ahu’s Ko‘olau Mountains, the Hawaiian shrub is one of 160 species (some 30,000 individual plants) protected at Lyon’s Hawaiian Rare Plant Program Micropropagation lab. “I call them test tube babies,” says Zahawi, who praises “the wisdom some 25 years ago to create the Hawaiian Rare Plant Program,” where the lab grows living tissue of native plants and houses Lyon’s Seed Conservation Laboratory, home to 26 million seeds of about 600 species.
Aloha Harvest has teamed up with Hawaii Farm Bureau to help the fight against food waste at farmers’ markets. We rescue excess food from vendors and accept fresh food donations from market customers.

**HONOLULU FARMERS’ MARKET**
Wednesdays, 4p-7p, located at the Blasidell Center

**KCC FARMERS’ MARKET**
Saturdays, 8a-11a, located at Kapiolani Community College

→ www.alohaharvest.org • 808-537-6945